

# THE MISSING CONVERSATIONS

**Critical Thinking During Times of Crisis** 

**Dr. Craig Overmyer** 

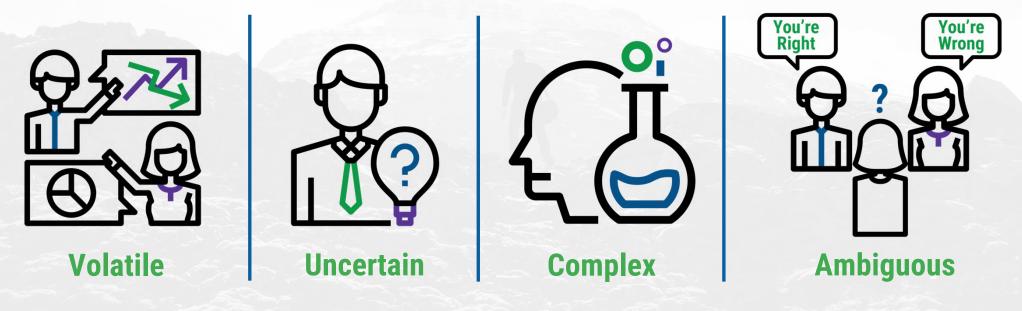
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# THE NEW NOW



Volatile – Uncertain – Complex – Ambiguous



"You've got to stare down the fear wolf to get to the courage wolf." — Mark Divine



# **3 PROBLEMS TO ADDRESS**

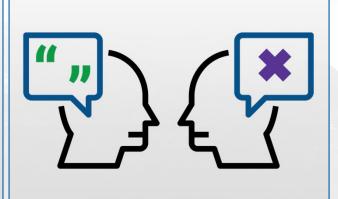




**Critical thinking** skills are diminished



**Decision making** is compromised



**Candid conversations** are avoided

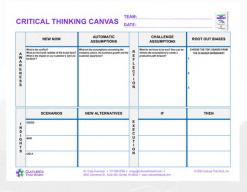


# **3 VALUABLE TAKEAWAYS**



- ✓ Levels of Threat Exercise
- ✓ Critical Thinking Canvas
- ✓ Productive Conflict Profile **Example Report**



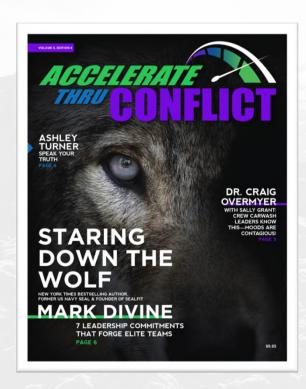






# "WHO AM I AT MY BEST?"





### Everyone must say to themselves, when facing conflict, "I must challenge the story driving my behavior."

-Mark Divine, author of Staring Down the Wolf

You can't think your way out of a crisis. You have to talk your way through a crisis.

-Verne Harnish



# **LEVELS OF THREAT DURING CRISIS**



1. Distant

Watch



2. Nearby

Warning



3. Here

Touchdown



THE MISSING CONVERSATIONS



### LEVELS OF THREAT





**Level 1: Minor** 

(little impact on you, your family or business)



**Level 2: Major** 

(you your family, your team and your business are disrupted, but still functioning)



**Level 3: Severe** 

(People, Strategy, Execution, Cash decisions are severely impacted.)

### **NEUROLEADERSHIP INSTITUTE: BRAIN-BASED COACHING**







### Status:

Less than or better than others



### Certainty:

Ability to predict outcomes



### Autonomy:

Sense of control.



### Relatedness:

In-group or out-group.



### Fairness:

Perception of fair exchange.



### THREAT BUFFERS





**Level 1: Connect often; serve others; focus on customers** 



Level 2: Create certainty; be present; be engaged moment by moment



Level 3: Make sleep a priority; nourish your mind; refuel the body



# **BIRGE & HELD - A CEO'S JOURNEY THROUGH CRISIS**





- 1. Be Vulnerable (Starting with the CEO)
- 2. Rate the level of threat from 1 to 3 Initially Currently **Impact**
- 3. Buffer the stress response



### LEADERSHIP WHEN FACING THREAT





- "How's everybody doing? Fine I hope!"
- Avoid the harsh realities
- It's not safe to speak up.



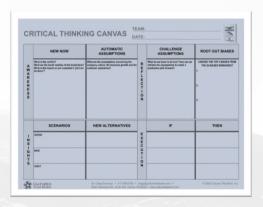
- Be vulnerable; start with the Boss.
- "What hasn't been said, that needs to be said?"
- **Deep Listening; Psychological Safety**

# **3 VALUABLE TAKEAWAYS**



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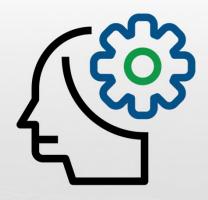






# **Challenge for Leaders During VUCA**

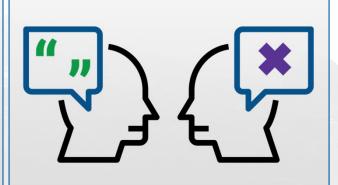




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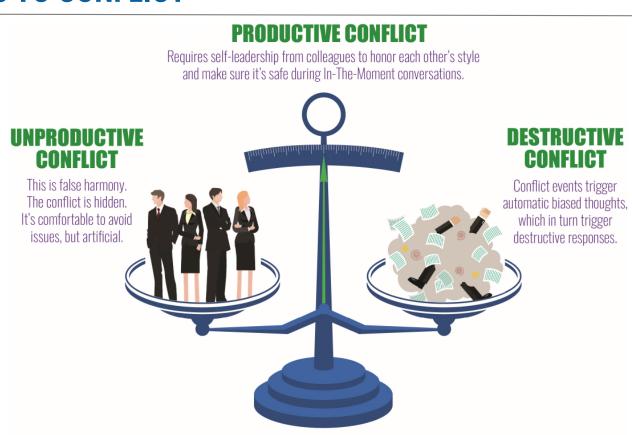


**Candid conversations** are avoided



### **3 RESPONSES TO CONFLICT**



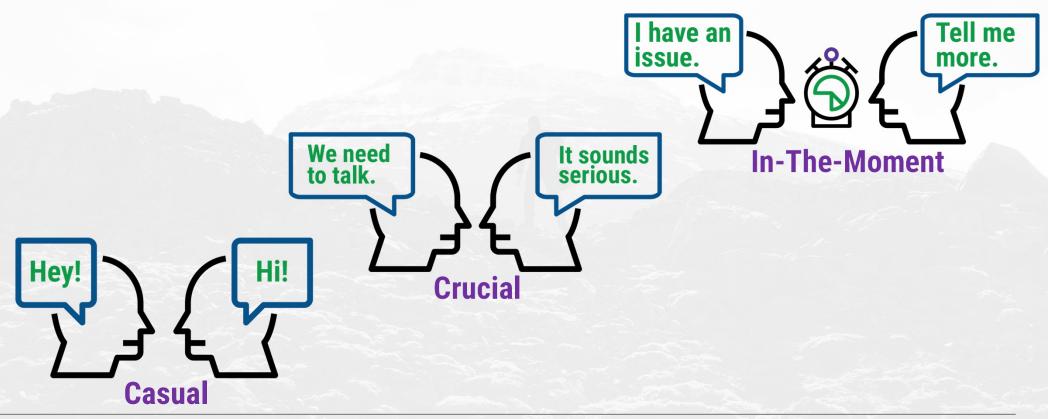






# **3 Distinctive Conversation Styles**





THE MISSING CONVERSATIONS



# **In-The-Moment Conversations™**













# **Critical Thinking Defined**



- Critical thinking is the analysis of facts for form a judgement.
- Critical thinking enables leaders to make decisions based on evaluation of factual evidence and the ability to logically analyze assumptions and biases.
- Leaders who score high in critical thinking assessments linger with ambiguity.

(Source: CHORUS, INC. – Hallmarks of Excellence $^{\! ext{ in}}$  in Leadership)



# **Critical Thinking**



Challenge assumptions



Root out biases



Ask questions that draw out new alternatives



Press for evidence to support new solutions



# **Critical Thinking Case Study**



- Montrow Group facing a COVID-19 threat from a customer
- In-The-Moment Conversations™ guided by the Critical Thinking Canvas made all the difference
- How could the lessons learned from this story be applied in your workplace?

# **CRITICAL THINKING CANVAS**



### TEAM: **CRITICAL THINKING CANVAS** DATE:

	NEW NOW	AUTOMATIC ASSUMPTIONS		CHALLENGE ASSUMPTIONS	ROOT OUT BIASES
AWARENESS			R E F L E C T I O N		
	SCENARIOS	NEW ALTERNATIVES		IF	THEN
I N S I G H T S			EXECUTION		





# **CRITICAL THINKING CANVAS**



# CRITICAL THINKING CANVAS

EAM:	CONFLICT
ATE:	To appear to the state of the s

AWARENESS	NEW NOW	AUTOMATIC ASSUMPTIONS		CHALLENGE ASSUMPTIONS	ROOT OUT BIASES
	What is the conflict? What are the harsh realities of the brutal facts? What is the impact on our customer's 'job's-to-be-done'?	What are the assumptions concerning the company culture, the business growth and the customer experience?	REFLECT-ON	What do we know to be true? How can we reframe the assumptions to create a productive path forward?	CHOOSE THE TOP 3 BIASES FROM THE 20 BIASES WORKSHEET 1. 2.
	SCENARIOS	NEW ALTERNATIVES		IF	THEN
I N S	GOOD		E X E C		
G H T	BAD		UTIO		
S	UGLY		N		
<b>*</b>					



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### THE MISSING CONVERSATIONS



### 20 COGNITIVE BIASES THAT SCREW UP YOUR DECISIONS

5. Choice-supportive bias.

When you choose something,

you tend to feel positive about

Like how you think your dog is

awesome - even if it bites

10. Ostrich effect.

The decision to ignore

dangerous or negative information by "burying

one's head in the sand, like

an ostrich. Research suggests that investors check the value

of their holdings significantly less often during bad markets.

people every once in a while.

t, even if that choice has flaws.



### 20 COGNITIVE BIASES THAT SCREW UP YOUR DECISIONS

### 1. Anchoring bias.

People are over-reliant on the first piece of information they hear. In a salary negotiation, whoever makes the first offer establishes a range of reasonable possibilities in



### 6. Clustering illusion.

This is the tendency to see patterns in random events It is key to various gambling fallacies, like the idea that red on a roulette table after a string



### 2. Availability heuristic.

People overestimate the importance of information that is available to them. A person might argue that smoking is not unhealthy because they know someone who lived to 100 and smoked three packs a day.



### 7. Confirmation bias.

We tend to listen only to information that confirms our preconceptions - one of the many reasons it's so hard to have an intelligent conversation about climate change.



The probability of one person adopting a belief increases based on the number of people who hold that belief. This is a powerful form of groupthink and is reason why meetings are often unproductive



3. Bandwagon effect.

### 8. Conservatism bias.

Where people favor prior evidence over new evidence or information that has emerged. People were slow to accept that the Earth was round because they maintained their earlier understanding that the planet was flat.



### 4. Blind-spot bias.

Failing to recognize your own cognitive biases is a bias in itself. People notice cognitive and motivational biases much more in others than in



### 9. Information bias.

The tendency to seek information when it does not affect action. More information is not always better. With less information, people can often make more accurate predictions



### 11. Outcome bias.

Judging a decision based on the outcome - rather than how exactly the decision was made in the moment. Just because you won a lot in Vegas doesn't mean gambling your money



### 16. Salience

Our tendency to focus on the most easily recognizable features of a person or concept When you think about dying, you might worry about being mauled by a lion, as opposed to what is statistically more likely, like dying



### 12. Overconfidence.

Some of us are too confident about our abilities, and this causes us to take greater risks in our daily lives. Experts are more prone to this bias than laypeople, since they are more convinced that they are right.



### 17. Selective perception.

Allowing our expectations to influence how we perceive the world. An experiment involving a football game between students from two universities showed that one team saw the opposing team commit more infractions



### 13. Placebo effect.

When simply believing that something will have a certain effect on you causes it to have that effect. In medicine, people given fake pills often experience the same physiological effects as people given the real thing.



### 18. Stereotyping.

Expecting a group or person to have certain qualities without having real information about the person. It allows us to quickly identify strangers as friends or enemies, but people tend to overuse and abuse it.



### 14. Pro-innovation bias.

When a proponent of an innovation tends to overvalue its usefulness and undervalue its limitations. Sound familiar, Silicon Valley?



19. Survivorship bias.

An error that comes from

focusing only on surviving

instance, we might think that

being an entrepreneur is easy

examples, causing us to misjudge a situation. For

all those who failed.

### 15. Recency.

The tendency to weigh the latest information more heavily than older data. Investors often think the market will always look the way it looks today and make



### 20. Zero-risk bias

Sociologists have found that we love certainty - even if it's counterproductive. Eliminating risk entirely means there is no chance of harm being caused.



SOURCES: Brain Biases; Ethics Unwrapped; Explorable; Harvard Magazine; HowStuffWorks; LearnVest; Outcome bias in decision evaluation, Journal of Personality and Social Psychology, Psychology Today; The Bias Blind Spot: Perceptions of Bias in Self Versus Others, Personality and Social Psychology Bulletin; The Cognitive Effects of Mass Communication, Theory and Research in Mass Communications; The less-is-more effect: Predictions and tests, Judgment and Decision Making; The New York Times; The Wall Street Journal; Wikipedia; You Are Not So Smart; ZhurnalyWiki

BUSINESS INSIDER

### THE MISSING CONVERSATIONS



### **DECISION MAKING**





- HEAR TO FIX; TELL TO SOLVE
- **PROBLEM FOCUSED**
- SEEK CERTAINTY



- LISTEN TO LEARN; ASK TO EMPOWER
- SOLUTION FOCUSED
- SEEK CLARITY

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# **Decision Making-Gaining Clarity**













### **HOW LEADERS SHOW UP MAKES ALL THE DIFFERENCE**









# **CHOOSE YOUR FOCUS**









### **THREAT OR REWARD**









### **DESTRUCTIVE VS. PRODUCTIVE CONFLICT**





- SEIZED BY THE MOMENT
- AUTOMATIC THOUGHTS
- DESTRUCTIVE RESPONSES



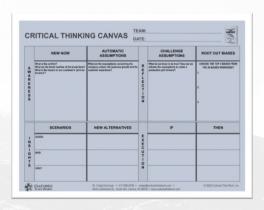
- SEIZE THE MOMENT
- REFRAME AUTOMATIC THOUGHTS
- PRODUCTIVE RESPONSES

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### **NEXT STEPS – COMPLIMENTARY RESOURCES**



# 1.Levels of Threat Guidelines

# 2. Critical Thinking Canvas Guidelines

# **3.Productive Conflict Profile Sample**

### **NEXT STEPS – COACHING PACKAGE**



- 1. Critical Thinking Canvas Coaching
  Individual virtual 60-minute session
  Small Group virtual 90-minute session (limit 8)
- 2. Signed Hard Copy of our Best-Selling Book:

  <u>Accelerate Thru Conflict: The Missing Conversations... Before It's Too Late</u>
- 3. Annual subscription of <u>Accelerate Thru Conflict Magazine</u>, Published 4 times/year



# **NEXT STEPS - SPECIAL OFFER - INDIVIDUAL**





5145



# **NEXT STEPS - SPECIAL OFFER FOR GROUP COACHING**









# THANK 4001 Go in a Good Way!

THE MISSING CONVERSATIONS

